CONFLICT AND HUNGER
HOW THE UN & MEMBER STATES CAN HELP TO BREAK THE CYCLE

WHY ACT NOW?

Globally, hunger and malnutrition are on the rise. The UN has recently estimated that the number of undernourished women, men and children in the world reached an estimated 821 million in 2017\(^1\). Conflict and insecurity, alongside climate change, have been identified by the UN as leading reasons for the recent reversal in a long-term declining trend in world hunger\(^2\).

In 2017, conflict and security were the primary driver of food insecurity in 18 countries\(^3\). In that year, twenty million people across four countries – South Sudan, Somalia, Yemen and North-East Nigeria – faced famine, largely driven by conflict. This was a crisis at a scale not seen in recent memory. While the severity of famine risk has abated somewhat, the prevalence of undernourishment around the world has risen.

The number of children under the age of five in conflict affected countries who are now estimated to need treatment for life-threatening malnutrition has increased by nearly 20% since 2016 to 4,500,000\(^4\). More than half a million children in conflict zones could die from extreme hunger before the end of the year. Malnutrition is not only a direct threat to life, it also weakens children’s immune systems and leaves them vulnerable to killer diseases – including cholera and pneumonia. Where children survive, the effects of malnutrition can be life-long and affect physical and cognitive development\(^5\). Malnutrition has also been shown to limit economic activity and social mobility, compounding a pattern of poverty\(^6\).

In May 2018, the UN Security Council passed Resolution 2417. It condemns the starving of civilians as a method of warfare and the unlawful denial of humanitarian access to civilian populations, which deprives people of essential means of survival\(^7\). The resolution also recognises that people can be forcibly displaced by food insecurity driven by armed conflict and violations of international law. The consensus in support of Resolution 2417 is an important acknowledgement by governments and the UN that action is needed.

To break the cycle, hunger must become a red line for the international community in the conduct of hostilities. We must improve early warning and response to the use of starvation as a weapon of war; prioritise food security and livelihoods; and minimise the impact of security responses to conflict on livelihoods and access to food. We must also effectively and consistently contribute to halting conflict-related hunger and malnutrition. This briefing sets out three proposals for how the UN Security Council and UN Member States can implement Resolution 2417 and can also go further still to help reverse the growth in conflict related hunger and malnutrition.

---

THREE WAYS THE UN SECURITY COUNCIL AND UN MEMBER STATES CAN HELP BREAK THE CYCLE

1. IMPROVE EARLY WARNING, AND SYSTEMATICALLY IDENTIFY AND RESPOND TO USE OF STARVATION AS A METHOD OF WARFARE

Resolution 2417 lays the groundwork for the Secretary-General to alert the Security Council to situations in which conflict is leading to deteriorating food security, but there are currently no agreed early warning mechanisms that can be used to trigger a political response to prevent a further deterioration. Current analytical tools like the IPC (Integrated Phase Classification) or Cadre Harmonisé face a number of political and technical constraints. A data driven early warning mechanism is needed that can trigger political action to uphold international law, and prevent a further worsening in levels of hunger in conflict settings. The Famine Action Mechanism (FAM) currently under development by the World Bank should be fully sensitive to political and security aspects.

The use of starvation as a method of warfare is manifest in several active conflicts today. In some conflict settings, land and productive assets are deliberately targeted in scorched earth tactics, where parties to a conflict use siege tactics or weaponise starvation and force communities to move. This can have severe physical and psychosocial effects on children, and cripples local economies. The deliberate destruction of food, livelihoods and the civilian infrastructure necessary for people to earn a living is a widespread tactic in a number of conflict situations.

Restrictions on freedom of movement and commercial trade also limit access to food. Physical and administrative barriers to humanitarian assistance are a further common occurrence in conflict settings. These tactics are a violation of both International Human Rights and Humanitarian Law and lead to the acute food insecurity that we see in conflict settings across the world.

As part of implementation of Resolution 2417 (2018) The UNSC should further improve the reporting, prevention and mitigation of the denial of humanitarian access, and take targeted measures as required to hold violators to account. In addition other bodies have responsibility to respond, even when the Council is taking action, such as the Third Committee of the UN General Assembly, the Human Rights Council and regional bodies.

2. PRIORITISE FOOD SECURITY AND LIVELIHOODS

In many countries affected by conflict today, a large proportion of the population rely on agriculture for their livelihoods. For example, in the Central African Republic (CAR) 75% of the working population is involved in agriculture or animal husbandry. Sustained under-investment in smallholder agriculture since the 1980s has contributed to declining rural economies and reduced health, education and transport infrastructure. The absence of agricultural development is one of the main root causes of the current crisis in CAR. The enlistment of farmers, animal herders and farmer-herders can take place indirectly, when they go to work in the mines, which are disputed by armed groups and also sources of funding for them, or directly, when they become an active member of a militia.

Conflict often results in mass displacement, forcing people to abandon their livelihoods and land, and pushing many into almost total-reliance on humanitarian assistance. Even far from the frontlines, conflict has been seen to fuel economic crises and erode local support systems. It can also contribute to the fragmentation of rural communities due to the large-scale recruitment of young men into armed groups, leaving widows, children and the elderly behind, who don’t have the same capacity to farm and trade in their absence, and are then exposed to extreme violence and deprivation.

---

8 Such as by establishing independent enforcement and accountability mechanisms
9 Action Against Hunger, 2018, Ending the Vicious Cycle between Hunger and Conflict in Central African Republic – a case study
In Syria, large-scale population movements have eroded family and social networks and cut off people’s livelihoods and purchasing power. Food prices in some regions are five times higher than before the war broke out in 2011, and many people struggle to pay for basic goods. Parties to the conflict has destroyed essential infrastructure, including water irrigation systems in some cases deliberately, and have besieged population centers to force opposing parties to surrender, whilst mines and other explosive devices contaminate agricultural lands. Populations fleeing conflict or killed by combatants have left livestock abandoned. Food production has halved since 2010.\(^\text{11}\)

In many crises, forced displacement is contributing to emergency, crisis and famine levels of hunger. More than 15 million people were displaced by just six of the worst conflict-induced food crises in 2016\(^\text{12}\); some of the highest rates of acute malnutrition can be found in displaced communities. Those who are forced to flee are unable to produce staple crops and manage livestock, severely limiting the availability of, and access to, food. The mass displacement of communities looking for peace and security – often fleeing unimaginable violence – also contributes to the failure of local food markets. There simply aren’t people to buy or sell local produce. Even where demand still exists, the costs and risks of transporting produce to markets in conflict-affected areas can be prohibitively high. What’s more, given the average time spent internally displaced is now 10 years\(^\text{13}\) the likelihood of people returning to their land and recovering in the short-term is slim. In addition to those who are forcibly displaced as a result of violence and conflict, many more are displaced due to the economic effects of conflict and the collapse of livelihoods. Millions of people around the world are trapped in a deadly man-made cycle of conflict, displacement and hunger.

Donors, national governments and regional bodies should increase investment in conflict-sensitive agriculture to support livelihoods and nutrition in conflict-affected and vulnerable countries. A greater investment must be made at the onset of a crisis to help affected populations restart livelihoods and move towards self-sufficiency much sooner. Development funding streams must be engaged much earlier to more effectively link short-term relief to long-term options. Where safe and voluntary return is possible, donors should continue sustained support to recovery as communities enter a critical stage for the consolidation of peace and development.

3. **MINIMISE THE IMPACT OF THE SECURITY RESPONSE TO CONFLICT ON LIVELIHOODS, ACCESS TO FOOD AND GOOD NUTRITION**

Disruption of food production, trade and market access in conflict settings has profound impacts on hunger. Vulnerable populations with limited access to food through markets are often also the worst affected by restrictions on the movement of humanitarian aid. Physical and bureaucratic impediments to the operations of humanitarian actors put lives at risk. In North East Nigeria, for example, there are imposed movement restrictions that have left thousands of people trapped with no life-saving humanitarian assistance. In Yemen, the restrictions on land, sea and air trade routes imposed by parties to the conflict have led to severe cuts of vital supplies of commodities such as food, fuel and medicines, as well as restricting access for humanitarian personnel and supplies.

Across the Sahel and particularly in Mali, ‘counter-terrorism’ measures limit population movements, in particular through the restriction on the use of motorcycles and pick-up trucks. This affects humanitarian access and access to basic social services, and the lack of free movement also severely slows economic activity, a problem aggravated by widespread extreme poverty. Meanwhile the increasing instrumentalisation of humanitarian aid by military forces for their own objectives threatens humanitarian actors’ capacity to carry out lifesaving interventions in the Sahel region.

UN Member States can and should play a key role in enabling the safe, unhindered and rapid access of populations to humanitarian aid by promoting needs-based responses and engaging with national and regional authorities to apply diplomatic pressure to remove access constraints. The UN Security Council should consider use of targeted sanctions against states that have wilfully impeded critical humanitarian relief supplies.

---

More broadly, research suggests humanitarian needs are becoming less predictable, with a growing
gap between anticipated needs at the beginning of the year, and year-end revised requirements
to address crises\textsuperscript{14}. In these conditions, inadequate, inflexible, and short-term funding means
that humanitarian organisations cannot effectively address complex needs that require long-term
engagement and adaptive responses.

To enable a better and effective response to needs and adapt to fast changing operational contexts,
donors should provide sufficient, rapidly dispersible and flexible funding to support conflict-sensitive,
multi-year, integrated responses to conflict and hunger. Integrated response should be based on a
continued dialogue between security and aid agendas but keeping a clear differentiation of mandates,
channels and means to deliver both types of action. Donors should also invest in their own capacities
for conflict-sensitive analysis and response, while supporting partner governments and humanitarian
and development actors to do the same.

**RECOMMENDATIONS**

1. The use of hunger as a weapon of war must become a red line for the international community in
   the conduct of hostilities. The UN and member states should hold parties to a conflict to account
   for upholding their legal obligations by imposing targeted measures in response to violations of
   international humanitarian (IHL) and human rights law (IHRL), potentially through prosecution of
   these crimes in the national and international legal system.

2. The UNSC should further improve the reporting, prevention and mitigation of the denial
   of humanitarian access, and take targeted measures as required to hold violators to
   account. In addition, other international bodies have responsibility to respond, even when
   the Security Council is taking action, such as the Third Committee of the UN General Assembly,
   the Human Rights Council and regional bodies. Member State have also individual responsibility to
   ensure respect for international law.

3. In order to implement Resolution 2417 a data driven early warning mechanism is needed that can
   accelerate political engagement to call for inclusive political processes, action to prevent conflict,
   and ensure respect for, and accountability for upholding, IHL and IHRL.

4. Donors should invest in their own capacities for conflict-sensitive analysis and response, while
   supporting partner governments and humanitarian and development actors to do the same.
   In particular, they should increase investment in conflict-sensitive smallholder agriculture and
   improving local markets to support livelihoods and nutrition in conflict-affected and vulnerable
   countries.

5. Donors should provide sufficient, rapidly dispersible and flexible funding to support conflict-
   sensitive, multi-year, integrated responses to hunger and malnutrition in conflict settings.
   Responses should be based on early warning and action, and support community-based
   interventions that build resilience – targeting the most marginalised and deprived first.

6. Donors should also increase support to initiatives that (re-)establish livelihoods of displaced
   populations earlier, and support return, reintegration, recovery and resilience-building for a longer
   period for displaced, host and returning populations.

\textsuperscript{14} Hannah Krebs and Stephen Zyck, “As the UN Launches Its Biggest Ever Humanitarian Appeal, Here Are Five Things the Num-
things-numbers-tell-us.